Work Package:	Published:
WP1	Frances C Hillier-Brown, Helen J Moore, Amelia A Lake, Ashley J Adamson, Martin White, Jean Adams, Vera Araujo-Soares, Charles Abraham and Carolyn D Summerbell.  The effectiveness of interventions targeting specific out-of-home food outlets: protocol for a systematic review  Systematic Reviews 2014 3:17.
WP1	Hillier-Brown, F.C., Summerbell, C.D., Moore, H.J., Routen, A.C., Lake, A.A., Adams, J., White, M., Araujo-Soares, V., Abraham, C., Adamson, A.J. & Brown, T.  The impact of interventions to promote healthier ready-to-eat meals (to eat in, to take away, or to be delivered) sold by specific food outlets open to the general public: a systematic review. <a href="http://onlinelibrary.wiley.com/doi/10.1111/obr.12479/full">http://onlinelibrary.wiley.com/doi/10.1111/obr.12479/full</a> Obesity Reviews published 29 Nov 2016
WP2	Frances C Hillier-Brown, Carolyn D Summerbell, Helen J Moore, Wendy L Wrieden, Jean Adams, Charles Abraham, Ashley Adamson, Vera Araujo-Soares, Martin White and Amelia A Lake.  A description of interventions promoting healthier ready-to-eat meals (to eat in, to take away, or to be delivered) sold by specific food outlets in England: a systematic mapping and evidence synthesis. <a href="http://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-016-3980-2">http://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-016-3980-2</a> BMC Public Health published 19 Jan 2017
WP2	Jean Adams, Frances C. Hillier-Brown, Helen J. Moore, Amelia A. Lake, Vera Araujo-Soares, Martin White, Carolyn Summerbell. <u>Searching and synthesising 'grey literature' and 'grey information' in public health: reflections on three case studies</u> <u>Systematic Reviews</u> 2016 5:164 Published: 29 September 2016
WP3	Jean Adams, Louis Goffe, Tamara Brown, Amelia A Lake, Carolyn Summerbell, Martin White, Wendy Wrieden, Ashley A Adamson. Frequency and socio-demographic correlates of eating meals out and take-away meals at home: cross-sectional analysis of the UK National Diet and Nutrition Survey. <a href="http://www.ijbnpa.org/content/12/1/51">http://www.ijbnpa.org/content/12/1/51</a> International Journal of Behavioural Nutritional and Physical Activity 2015 12:51
WP5	Louis Goffe, Wendy Wrieden, Linda Penn, Frances Hillier-Brown, Amelia A. Lake, Vera Araujo-Soares, Carolyn Summerbell, Martin White, Ashley J. Adamson, Jean Adams. Reducing the salt added to takeaway food: within-subjects' comparison of salt delivered by five and 17 holed salt shakers in controlled conditions. <a href="http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0163093">http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0163093</a> PLoS ONE 11(9): published 26 September 2016.
WP6	Goffe, L., Hillier-Brown, F., Doherty, A., Wrieden, W., Lake, A.A., Araujo-Soares, V., Summerbell, C., White, M., Adamson, A.J. and Adams, J. Comparison of sodium content of meals served by independent takeaways using standard versus reduced holed salt shakers: cross-sectional study. <a href="https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-016-0429-z">https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-016-0429-z</a> Journal of Behavioral Nutrition and Physical Activity201613:102  Published: 26 September 2016

## Oral presentations:

Amelia Lake "Interventions in out-of-home food outlets in England"

Transforming the 'foodscape': development and feasibility testing of interventions to promote healthier take-away, pub or restaurant food. *Invited presentation at Local Government Association Conference in London, June 2014.* 

Hillier-Brown, F.C., Moore, H.J., Summerbell, C.D., Wrieden, W.L., Abraham, C., Adams, J., Adamson, A.J., Araujo-Soares, V., White, M. & Lake, A.A. (2015) Transforming the 'foodscape': a systematic assessment of out of home food outlet (OHFO) interventions in England. *Oral presentation for the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup> June 2015.* 

Louis Goffe. "Takeaways are not the enemy": A qualitative study of intervention deliverers' experience with out-of-home food outlets. *Human Nutrition Research Centre seminar series, Newcastle University*.

Louis Goffe. "Takeaway engagement: Ways to bait the vendor". *North East Obesity Forum, Autumn meeting 2015.* 

Louis Goffe "Assessing the feasibility of delivering and evaluating an intervention to improve portion control and increase small portion availability in traditional British fish and chip shops: a natural experiment." HNRC Research Day 26 October 2016, Research Beehive, Newcastle University.

## Poster presentations:

Hillier-Brown, F.C., Brown, T., Routen, A.C., Moore, H.J., Lake, A.A., Araujo-Soares, V., Adamson, A.J., White, M., Adams, J., Abraham, C., & Summerbell, C.D. (2014). A systematic review of the effectiveness of interventions targeting specific out-of-home food outlets. *Poster presentation for the NIHR SPHR Annual Scientific Meeting 21st October 2014*.

Goffe, L.A., Penn, L., Adamson, A.A., & Lake, A.A. (2014)."Takeaways are not the enemy": intervention deliverers' experience with takeaways. *Poster presentation for the NIHR SPHR Annual Scientific Meeting* 21<sup>st</sup> October 2014.

Hillier-Brown, Brown, Moore, Routen, Lake, Adamson, White, Summerbell. A systematic review of the effectiveness of intervention targeting specific out-of-home outlets (Foodscape study). Wolfson event WRIHW Research Colloquium April 15th 2015 Queens Campus, Durham University.

Frances Hillier-Brown, Helen J Moore, Carolyn D Summerbell, Jean Adams, Ashley Adamson, Martin White, Charles Abraham, Amelia A Lake. Transforming the 'Foodscape': A systematic assessment of out-of-home food outlet (OHFO) interventions in England. Wolfson event WRIHW Research Colloquium April 15th 2015 Queens Campus, Durham University.

Brown, T., Hillier-Brown, F.C., Moore, H.J., Routen, A.C., Lake, A.A., Adamson, A.J., White, M. & Summerbell, C.D. (2015) A systematic review of the effectiveness of interventions targeting specific out-of-home food outlets (Foodscape study). *Poster presentation for the 22<sup>nd</sup> European Congress on Obesity*  $6^{th} - 9^{th}$  May 2015.

Brown, T., Hillier-Brown, F.C., Moore, H.J., Routen, A.C., Lake, A.A., Adamson, A.J., White, M. & Summerbell, C.D. (2015) A systematic review of the effectiveness of interventions targeting specific out-of-home food outlets (Foodscape study). *Poster presentation for the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup>June 2015.* 

Adams, J., Goffe, L., Brown, T., Lake, A.A., Summerbell, C.D., White, M., Wrieden, W.L. & Adamson, A.J. (2015) Frequency and socio-demographic correlates of eating meals out and takeaway meals at home: Cross-sectional analysis of the UK National Diet and Nutrition Survey, waves 1-4. *Poster presentation for* 

the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity  $3^{rd}$  -  $6^{th}$ June 2015.

Goffe, L., Penn, L., Adams, J., Adamson, A.J., Araujo-Soares, V., White, M., Wrieden, W. & Lake, A.A. (2015) "Takeaways are not the enemy": A qualitative study of intervention deliverers' experience with out-of-home food outlets (transforming the Foodscape study). *Poster presentation for the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup>June 2015.* 

Hillier-Brown, F.C., Moore, H.J., Summerbell, C.D., Wrieden, W.L., Abraham, C., Adams, J., Adamson, A.J., Araujo-Soares, V., White, M. & Lake, A.A. (2015) Transforming the 'foodscape': a systematic assessment of out of home food outlet (OHFO) interventions in England. *Poster presentation for the Faculty of Public Health Annual Public Health Conference 23<sup>rd</sup> – 24<sup>th</sup> June 2015.* 

Adams, J. et al. The efficacy and effectiveness of 5-holed salt shakers for reducing salt dispensed by fish and chip shops. *Poster presentation for the Society for Social Medicine 60th Annual Scientific Meeting, University of York, UK, 14 – 16 September 2016* 

## Other:

North East Obesity Forum autumn meeting October 2015 '<u>Is fast-food the fast track to obesity?</u>' <u>Goffe, L.</u> "Takeaway engagement: Ways to bait the vendor"

Fuse Quarterly Research Meeting 30 April 2015, More than enough on our plates: tackling the takeaway food diet at source

http://www.fuse.ac.uk/events/fusequarterlyresearchmeetings/morethanenoughonourplatestacklingthetakeawayfooddietatsource.html

## We have ways of making you change.....

Making population health interventions work, what can theoretical frameworks and practical commitments tell us?

Joint Fuse (Knowledge Exchange Seminar) and Institute for Health & Society seminar 13<sup>th</sup> January 2015 Professor Charles Abraham, University of Exeter opens the meeting at 1:00pm, followed by Sue Bagwell, from the London Metropolitan University at 2:00pm

http://www.fuse.ac.uk/events/fuseknowledgeexchangeseminars/previousseminars/jointfuseihsseminar13jan2015.html